



Human Services Agency - Ventura County Area Agency on Aging

# CAREGIVER RESOURCES

**Are you helping to support a loved one who is 60 or older?  
Are you a grandparent caring for a grandchild?**

The Family Caregiver Support Program provides assessment and case management for family caregivers in Ventura County. The program offers caregivers training, support groups, home adaptations and safety devices, caregiver resource libraries and computer centers, information and assistance, public information, and community education. The program can also help caregivers who are at risk of burnout with in-home respite and out-of-home respite (day care).

## **FAMILY CAREGIVER RESOURCE CENTERS (FCRCs) INCLUDE:**

→ **VCAA's La Buena Vida** is headquartered in the Santa Clara Valley serving all caregivers in west Ventura County including Santa Paula, Fillmore, Piru, Ojai, Ventura, and Oxnard. This program also serves monolingual Spanish-speaking caregivers countywide. For more information, call (805) 477-7300 or visit [vcaa.org/caregiver](http://vcaa.org/caregiver).

→ **FCRC Camarillo Health Care District** is headquartered in Camarillo and serves the Camarillo community. For more information, call (805) 388-1952 or visit [camhealth.com](http://camhealth.com).

→ **FCRC Senior Concerns** is headquartered in Thousand Oaks and serves east Ventura County (Thousand Oaks, Simi Valley, Moorpark, the portion of Westlake Village) in addition to unincorporated areas of east Ventura County including Newbury Park. For more information, call (805) 497-0189 or visit [seniorconcerns.org](http://seniorconcerns.org).

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